

## Resumo Curricular

### Identificação

Ana Maria da Conceição **Ferreira** (data de nascimento 06-09-1974, cidadã portuguesa)



### Afiliação

Escola Superior de Tecnologia da Saúde de Coimbra – Instituto Politécnico de Coimbra  
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### Formação Académica

2015 – Doutoramento em Ciências da Saúde – Ramo de Ciências Biomédicas, pela Faculdade de Medicina da Universidade de Coimbra (UC);

2004 – Mestre em Saúde Pública, pela Faculdade de Medicina da Universidade de Coimbra;

2003 – Pós-Graduação em Saúde Ocupacional, pela Faculdade de Medicina da UC;

2000 – Licenciatura em Saúde Ambiental, pela Escola Superior de Tecnologia da Saúde de Coimbra (ESTeSC), do Instituto Politécnico de Coimbra (IPC);

1995 – Bacharelato em Higiene e Saúde Ambiental, pela ESTeSC, do IPC.

### Outra Formação

- Certificado de aptidão profissional para desempenhar as funções de Técnica Superior de Segurança e Higiene do Trabalho;
- Formadora acreditada do International General Certificate (IGC) do National Examination Board on Occupational, Safety and Health (NEBOSH);
- Certificado de aptidão profissional para desempenhar as funções de Formadora;

### Atividade Académica Relevante

Atualmente é professora Coordenadora do Departamento de Saúde Ambiental da ESTeSC e Presidente da Comissão Científica do Curso de Saúde Ambiental.

Desde 2009, é Vice-presidente da ESTeSC. É membro do Conselho Técnico Científico (desde 2004) e da Assembleia de Representantes (desde 2007). É ainda Vogal da Secção Autónoma de Avaliação de Desempenho dos docentes da ESTeSC, Vogal da Secção Autónoma do Conselho Coordenador de Avaliação do Desempenho do Pessoal Trabalhador e é membro da Comissão da Qualidade da ESTeSC.

Revisor convidada de: Revista Portuguesa de Saúde Ocupacional on-line; Revista Occupational Safety and Hygiene (SHO) – CRC Press Taylor e Francis Group, A Balkema Book; International Journal of Human Factors and Ergonomics (IJHFE) - Ergonomics and Occupational Safety in Organizations; Revista Hygeia - Revista Brasileira de Geografia Médica e da Saúde; Revista Portuguesa de Saúde Ocupacional (on-line).

Durante os vários anos na ESTeSC desempenhou várias funções: Membro da Comissão Instaladora da Licenciatura de Engenharia de Segurança do Trabalho (2014/2015); diretora do Departamento de Saúde Ambiental (2001/2009), membro do Conselho Pedagógico (1999/2008), secretária do Conselho Científico (2006/2008), responsável pelo Laboratório de Saúde Ambiental (2005/2008), Vice-Presidente da Assembleia de Representantes (2007/2008) e Presidente da Assembleia de Representantes (2008/2009).

Participou e pertenceu a várias comissões organizadoras de cursos, seminários, congressos e outros.

De 1997 a 2001, Técnica de Saúde Ambiental no Centro de Saúde de Condeixa-a-Nova e no Centro Regional de Saúde Pública do Centro.

### Participação em júris (presidente, orientadora e arguente)

- 1 júri de provas públicas para atribuição do grau de doutor.
- 11 júris de provas públicas para atribuição do grau de mestre;
- 16 júris de provas públicas para atribuição do título de especialista.

### Apresentações científicas (autora e co-autora)

189 comunicações orais/poster's em eventos nacionais e internacionais.

### Atividade Científica Relevante (2013-2016)

**Ferreira, AMC.**; Cardoso, M. Indoor air quality and health in schools. J. Bras. Pneumol. 2014; 40(3):259-268. <http://dx.doi.org/10.1590/S1806-37132014000300009>

**Ferreira, A.**; Cardoso, S.M. Exploratory study of air quality in elementary schools, Coimbra, Portugal. Rev. Saúde Pública 2013; 47(6):1059-1068. <http://dx.doi.org/10.1590/S0034-8910.2013047004810>

**Ferreira, A.**; Cardoso, S.M. Indoor air quality and health in schools located mainly in urban, rural and suburban parishes. Revista Brasileira de Geografia Médica e da Saúde – Hygeia 2013, 9(17):95-115. <http://www.seer.ufu.br/index.php/hygeia>

- Amaury M.J., André Q., José N.D., **Ana F.**, *et al.* Outcomes of accidents at work with exposure to biological agentes. *Journal of Human Growth and Development* 2014; 24(3):249-254
- Marchi, V., Bacaro, M.R.C., Kovac, V., Ramos, J.F., Duarte, A.R.L., Pinheiro, M., Sá, N. L., Paixão, S. **Ferreira, A.** *et al.* Conhecimento dos pacientes do SUS sobre o gerenciamento de resíduos gerados em suas residências. *Revista Saúde Meio Ambiente* 2013; v.2, n.2, p.98-106
- Amaury M.J., André Q., José N.D., **Ana F.**, *et al.* Safety against fire in basic health units. *Journal of Human Growth and Development* 2014; 24(1):93-97
- Ana Ferreira**, Catarina Marques, João P. Figueiredo, Susana Paixão. Evaluation of indoor air quality in Kindergartens. *Journal: BMC Health Services Research* 2016. Volume 16, Suppl 3. <http://dx.doi.org/10.1186/s12913-016-1423-5>
- Ana Ferreira**, Carla Lopes, Fernando Moreira, João P. Figueiredo. Atmospheric exposure to chemical agentes under the occupational activity of pathology technicians. *Journal: BMC Health Services Research* 2016. Volume 16, Suppl 3. <http://dx.doi.org/10.1186/s12913-016-1423-5>
- Ana Ferreira**, Diana Ribeiro, Fernando Moreira, João P. Figueiredo, Susana Paixão. Occupational exposure to air pollutants in night entertainment venues workers. *Journal: BMC Health Services Research* 2016. Volume 16, Suppl 3. <http://dx.doi.org/10.1186/s12913-016-1423-5>
- Jorge Conde, **Ana Ferreira**, João P. Figueiredo. Is the respiratory function of children a predictor of air quality? Coimbra as a case study. *Journal: BMC Health Services Research* 2016. Volume 16, Suppl 3. <http://dx.doi.org/10.1186/s12913-016-1423-5>
- S. Reis, J. Almeida, J.P. Figueiredo, **A. Ferreira**. Prevalence of symptoms of musculoskeletal injuries related to the work of caregiver – case study of a social institution. *Revista Occupational Safety and Hygiene IV – CRC Press Taylor e Francis Group, A Balkema Book*, 2016, ISBN: 978-1-138-02942-2 (Hbk), ISBN: 978-1-315-62896-7 (eBook PDF), 147-152
- N. Salvador, J. Almeida, J.P. Figueiredo, **A. Ferreira**, J. Amaro, P. Norton, C. Vieira. Analysis of work disability in the workers of a central hospital – the impact of the musculoskeletal injury. *Revista Occupational Safety and Hygiene IV – CRC Press Taylor e Francis Group, A Balkema Book*, 2016, ISBN: 978-1-138-02942-2 (Hbk), ISBN: 978-1-315-62896-7 (eBook PDF), 303-307
- C. Marques, **A. Ferreira**, J.P. Figueiredo. Evaluation of indoor air quality in kindergartens – case study. *Revista Occupational Safety and Hygiene IV – CRC Press Taylor e Francis Group, A Balkema Book*, 2016, ISBN: 978-1-138-02942-2 (Hbk), ISBN: 978-1-315-62896-7 (eBook PDF), 375-380
- M. Furtado, **A. Ferreira**, J.P. Figueiredo. Evaluation of exposure to particulate poultry farms. *Revista Occupational Safety and Hygiene IV – CRC Press Taylor e Francis Group, A Balkema Book*, 2016, ISBN: 978-1-138-02942-2 (Hbk), ISBN: 978-1-315-62896-7 (eBook PDF), 381-386
- A. Duque, **A. Ferreira**, J.P. Figueiredo. The air fresheners influence on the quality of the air – cross-sectorial study. *Revista Occupational Safety and Hygiene IV – CRC Press Taylor e Francis Group, A Balkema Book*, 2016, ISBN: 978-1-138-02942-2 (Hbk), ISBN: 978-1-315-62896-7 (eBook PDF), 387-391
- C. Carvalho, H. Simões, **A. Ferreira**, J.P. Figueiredo. The Cross-sectorial study of assessment of thermal Comfort levels in aviary workers. *Revista Occupational Safety and Hygiene IV – CRC Press Taylor e Francis Group, A Balkema Book*, 2016, ISBN: 978-1-138-02942-2 (Hbk), ISBN: 978-1-315-62896-7 (eBook PDF), 435-440
- D. Moreira, R. Rodrigues, H. Simões, **A. Ferreira**, J.P. Figueiredo. Noise exposure of the students from Colleges of Health Technology of Portugal. *Revista Occupational Safety and Hygiene IV – CRC Press Taylor e Francis Group, A Balkema Book*, 2016, ISBN: 978-1-138-02942-2 (Hbk), ISBN: 978-1-315-62896-7 (eBook PDF), 441-446
- A. Gonçalves, C. Santos, B. Alves, J.P. Figueiredo, **A. Ferreira**. Quantification of ATP in surfaces, health and hygiene standards, assessment of knowledge level, attitudes and practice from food handlers in industrial establishments of Ovos Moles in Aveiro district. *Revista Occupational Safety and Hygiene III – CRC Press Taylor e Francis Group, A Balkema Book*, 2015, ISBN: 978-1-138-02765-7 (Hbk), ISBN: 978-1-315-69293-7 (eBook PDF), 279-283
- J. Ribeiro, C. Santos, B. Alves, J.P. Figueiredo, **A. Ferreira**. ATP quantification and health professionals knowledge and performance indicators assessment regarding hand hygiene procedures in dental clinics. *Revista Occupational Safety and Hygiene III – CRC Press Taylor e Francis Group, A Balkema Book*, 2015, ISBN: 978-1-138-02765-7 (Hbk), ISBN: 978-1-315-69293-7 (eBook PDF), 289-294
- A. Oliveira, C. Santos, B. Alves, J.P. Figueiredo, **A. Ferreira**. Artisanal production of Serra da Estrela cheese: Evaluation of hygiene conditions and good manufacturing practice. *Revista Occupational Safety and Hygiene III – CRC Press Taylor e Francis Group, A Balkema Book*, 2015, ISBN: 978-1-138-02765-7 (Hbk), ISBN: 978-1-315-69293-7 (eBook PDF), 295-299
- F. Moreira, C. Santos, B. Alves, **A. Ferreira**, J.P. Figueiredo. ATP quantification and evaluation of hygiene good practices in dental clinics surfaces of Pombal city. *Revista Occupational Safety and Hygiene III – CRC Press Taylor e Francis Group, A Balkema Book*, 2015, ISBN: 978-1-138-02765-7 (Hbk), ISBN: 978-1-315-69293-7 (eBook PDF), 305-309
- A. Martins, **A. Ferreira**, J.P. Figueiredo. Indoor air quality in beauty establishments that use air fresheners in Guimarães. *Revista Occupational Safety and Hygiene III – CRC Press Taylor e Francis Group, A Balkema Book*, 2015, ISBN: 978-1-138-02765-7 (Hbk), ISBN: 978-1-315-69293-7 (eBook PDF), 375-379
- D. Frescata, H. Simões, J. Pereira, **A. Ferreira**, J.P. Figueiredo. Heat stress for firemen in urban fire – case study Condeixa-a-Nova. *Revista Occupational Safety and Hygiene III – CRC Press Taylor e Francis Group, A Balkema Book*, 2015, ISBN: 978-1-138-02765-7 (Hbk), ISBN: 978-1-315-69293-7 (eBook PDF), 395-399
- A. R. Costa, J. Almeida, J.P. Figueiredo, **A. Ferreira**. Ergonomic analysis – case study of passenger transport company. *Revista Occupational Safety and Hygiene III – CRC Press Taylor e Francis Group, A Balkema Book*, 2015, ISBN: 978-1-138-02765-7 (Hbk), ISBN: 978-1-315-69293-7 (eBook PDF), 405-409

- C. Gonçalves, L. Simões Costa, **A. Ferreira**. Psychosocial risks factors at work: A study of health professionals. *Revista Occupational Safety and Hygiene II* – CRC Press Taylor e Francis Group, A Balkema Book, 2014, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 153-157
- F. Lima, L. J. Almeida, J.P. Figueiredo, **A. Ferreira**. Scholar ergonomics – primary schools in Tartu (Estonia) study case. *Revista Occupational Safety and Hygiene II* – CRC Press Taylor e Francis Group, A Balkema Book, 2014, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 175-179
- C. Sousa, J.P. Figueiredo, N. L. Sá, **A. Ferreira, S. Paixão, F. Alves**. Exposure assessment of health ionizing radiation in nuclear medicine at Coimbra. *Revista Occupational Safety and Hygiene II* – CRC Press Taylor e Francis Group, A Balkema Book, 2014, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 211-215
- S. Correia, **A. Ferreira**, J. P. Figueiredo, J. Conde. Respiratory function study in a group of car repair workers. *Revista Occupational Safety and Hygiene II* – CRC Press Taylor e Francis Group, A Balkema Book, 2014, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 253-257
- C. Carvalho, **A. Ferreira**, J. P. Figueiredo. Study of radon in dwellings – case study in Moimenta da Beira. *Revista Occupational Safety and Hygiene II* – CRC Press Taylor e Francis Group, A Balkema Book, 2014, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 277-282
- Élia Oliveira, **A. Ferreira**, J. P. Figueiredo. Occupational exposure to car workshops air pollutants. *Revista Occupational Safety and Hygiene II* – CRC Press Taylor e Francis Group, A Balkema Book, 2014, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 283-289
- B. Alves, A. Carvalho, L. Tavares, **A. Ferreira**, N. L. Sá, H. Simões, J. Almeida. Food safety of transported meals in primary schools and kindergartens. *Revista Occupational Safety and Hygiene II* – CRC Press Taylor e Francis Group, A Balkema Book, 2014, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 291-294
- A. Ferreira**, S. M. Cardoso. Effects of indoor air quality on respiratory function of children in the 1st cycle of basic education of Coimbra, Portugal. *Revista Occupational Safety and Hygiene II* – CRC Press Taylor e Francis Group, A Balkema Book, 2014, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 347-350
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- C. Rodrigues, C. Santos, H. Simões, **A. Ferreira**, J. P. Figueiredo. Good practices of hygienic processes on NEMI's professionals. *Revista Occupational Safety and Hygiene II* – CRC Press Taylor e Francis Group, A Balkema Book, 2014, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 361-367
- T. Margalho, **A. Ferreira**, J. P. Figueiredo, F. Silva. Assessment levels of dustiness – case study applied to technicians of gel nails. *Revista Occupational Safety and Hygiene II* – CRC Press Taylor e Francis Group, A Balkema Book, 2014, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 375-380
- S. Seco, J. Almeida, J. P. Figueiredo, **A. Ferreira**. Occupational noise exposure in gyms of county of Coimbra. *Revista Occupational Safety and Hygiene II* – CRC Press Taylor e Francis Group, A Balkema Book, 2014, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 573-577
- C. Carvalho, **A. Ferreira**, J. P. Figueiredo. Indoor Air Quality (IAQ) in the living rooms in homes for the elderly – case study in the county of Pombal. *Revista Occupational Safety and Hygiene II* – CRC Press Taylor e Francis Group, A Balkema Book, 2014, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 585-590
- J. Gaminha, J. Almeida, H. Simões, J. P. Figueiredo, **A. Ferreira**. Occupational exposure noise – case study of quarter of firefighters in center region. *Revista Occupational Safety and Hygiene II* – CRC Press Taylor e Francis Group, A Balkema Book, 2014, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 591-595
- T. S. Filipe, M. Vasconcelos Pinto, J. Almeida, C. Alcobia Gomes, J. P. Figueiredo, **A. Ferreira**. Indoor air quality in sports halls. *Revista Occupational Safety and Hygiene* – CRC Press Taylor e Francis Group, A Balkema Book, 2013, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 175-179
- A. Rainha, J. P. Figueiredo, N. L. Sá, **A. Ferreira**, S. Paixão, F. Alves, E. Lankford. Exposure and perception to electromagnetic radiation of low frequency. *Revista Occupational Safety and Hygiene* – CRC Press Taylor e Francis Group, A Balkema Book, 2013, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 191-196
- A. Ferreira**, L. Jesus, J. P. Figueiredo, A. Carvalho. Indoor air quality: Analytic assessment and employees' perception. *Revista Occupational Safety and Hygiene* – CRC Press Taylor e Francis Group, A Balkema Book, 2013, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 395-400
- A. Ribeiro, J. Almeida, M. Pinto, J. P. Figueiredo, **A. Ferreira**. Electromagnetic radiation: Risk perception among workers of telecommunications companies. *Revista Occupational Safety and Hygiene* – CRC Press Taylor e Francis Group, A Balkema Book, 2013, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 405-409
- D. Castro, H. Simões, J. P. Figueiredo, Ó. Tavares, H. Braga, M. Negrão, R. Gonçalves, V. Bizarro, D. Ferreira, **A. Ferreira**. Determination of noise levels in the intensive care unit of the Coimbra Hospital and University Centre. *Revista Occupational Safety and Hygiene* – CRC Press Taylor e Francis Group, A Balkema Book, 2013, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 425-430
- M. Gaspar, C. Santos, **A. Ferreira**, J. P. Figueiredo. Study of the food waste of the canteens of the polytechnic institute of Coimbra. *Revista Occupational Safety and Hygiene* – CRC Press Taylor e Francis Group, A Balkema Book, 2013, ISBN: 978-1-138-00144-2 (Hbk), ISBN: 978-1-315-77352-0 (eBook PDF), 619-623