

## **Curriculum vitae**

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## **Education**

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[1997] Graduation Program in Nutrition and Food Engineering in Egas Moniz Health Sciences Institute, Portugal

[2000] Pedagogic and Scientific Ability Certification, Egas Moniz Health Sciences Institute, Portugal

[2007] PhD in Biomedical Sciences, Clinical nutrition area in Medical Faculty of Coimbra University, Portugal

[2010] Graduation Program in Nutritional Sciences in Egas Moniz Health Sciences Institute, Portugal

## **Academic Experience**

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### **[1998 – 2007] Assistant Lecturer in Egas Moniz Health Sciences Institute**

- Responsible for theory and laboratory classes in Analytical Chemistry, Sensory Analysis, Biochemistry, Food Biochemistry, History and Sociology of Food, Applied Nutrition and Investigation Methodology.

### **[Since 2009] Invited Professor in Pernambuco Federal University, Brazil**

- Invited Lecturer in Pathology Doctoral Research Program, responsible for lectures about Nutrition, Foods and Cancer and Experimental nutrition

### **[Since 2007] Associate Professor in Egas Moniz Health Sciences Institute**

- Main lecturer in several curricular units: Food and Human Nutrition I and II, Food biochemistry, History and Sociology of Food, Food Policy, Gastrotechnics, Nutritional Epidemiology and Pathology and Dietotherapy as well as in Nutrition in the Nursery Graduation Program
- Coordinator of the Graduation Program in Nutritional Sciences since September 2013
- Coordinator of the Sports Nutrition Post Graduation Course
- Pedagogic Commission President in the Master of Clinical Nutrition in Egas Moniz Health Sciences Institute until 2015 and Lecturer

## Clinical Experience

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[2000-2007] Practice of clinical nutrition in several clinics such as: Clínica Samorense, Med&Stetis, Clinica Médica Dr. Chambel

[Since 2008] Nutrition Practical Service coordinator of Egas Moniz University Clinic

## Scientific Research Experience

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- [1999-2000] Collaborate investigator in the project “Nutritional study of Peneda Mountains bean species” INTERREG II n° 1/1/89/DGD Rural/99 EU
- [1999-2000] Collaborate investigator in the project “Barbela wheat nutritional study”. INTERREG II – Applied Investigation Project n° 99.09.8100.3, EU
- [Since March 2011] Principal investigator in the project “Evaluation of food habits, body composition and comorbidities incidence in Multiple Sclerosis patients”.
- [2014-2015] Collaborate investigator in the study “Psychopharmacology, Lifestyle and Well being perceptions of Elderly in Almada city”

## Publications

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- Vicente, F., Saldaña, S., Rabanal, M., Rodriguez-Lagunas, M., Pereira, P., Perez-Cano, F., Castell, M. (2016). **A new Food Frequency Questionnaire to assess chocolate and cocoa consumption.** Nutrition (in press)
- Pereira, P.C. (2014) **Milk nutritional composition and its role in human health.** Nutrition, 30(6):619-627
- Lopes, J., Pereira, P., Vicente, A.F., Bernardo, M.A., Mesquita, M.F (2013). **Nutritional Assessment in Colorectal Patients.** Nutricion Hospitalaria 2: 412-418
- Pereira, P. C., Vicente. A.F. (2012). **Meat nutritional composition and nutritive role in the human diet.** Meat Science 12:1-15
- Veigas, L., Pereira, P. C., Vicente, F., Mesquita M.F. (2012). **Overweight, obesity and abdominal adiposity effects in inflammatory proteins: C-Reactive Protein and Fibrinogen.** J Medical Sciences 12: 70-77
- Pereira, P.C., Vicente, A.F., Mesquita, M. F. and Cabrita, A. S. (2011). **The Role of Phaseolus vulgaris in DMBA-induced Sprague Dawley Rat Mammary Carcinomas.** Int. J. Cancer Res. 7:125-134
- Pereira, P.C., Vicente, A.F., Mesquita, M. F. and Cabrita, A. S. (2009). **The Effect of a Mediterranean Meal on Sprague Dawley Rats DMBA-Induced Mammary Tumors.** Cancer Growth and Metastasis, 3: 35-42.
- Pereira, P.C., Vicente, A.F., Mesquita, M. F. and Cabrita, A. S. (2009). **The Influence of Olive Oil on Sprague Dawley rats DMBA-induced Mammary Tumors.** Int. J. Cancer Res., 5: 144-152.